

## 17.0 STUDENT WELFARE AND WELLNESS

**District: Covington Public Schools**

**School: Sixth District School**

**Date Adopted: 7-31-07**

**Date Reviewed:**

### POLICY STATEMENT

The Covington Independent Public School District is committed to providing school environments that promote and protect student health, well-being, and ability to learn by supporting healthy eating and physical activity. Therefore, it is the policy of the Covington Independent Public School District that:

1. The school district will engage students, parents, teachers, food service professionals, health professionals, and other interested community members in developing, implementing, monitoring, and reviewing district-wide nutrition and physical activity policies.
2. All students in grades Preschool-12 will have opportunities, support, and encouragement to be physically active.
3. Schools will provide sequential and interdisciplinary nutrition education and physical education to foster lifelong wellness.
4. Schools will establish linkages between health education and school meal programs, and related community services.
5. Foods and beverages sold or served at school as part of the School Breakfast Program, National School Lunch Program or Summer Food Service Program will meet the nutrition recommendations of the *U.S. Dietary Guidelines for Americans*.
6. Food and beverages **sold** during the **school day**, including vending, concessions, a la carte, fundraisers, and student stores shall be in compliance with current federal and state regulations and Board Policy 07.111.  
***“School day” means the period of time between the arrival of the first student at the school building and the end of the last instructional period.***
7. All students in the school district will have access to affordable, nutritious, and appealing foods as part of the Federal School Meal Programs (the School Breakfast Program, National School Lunch Program [including after-school snacks], and Summer Food Service Program).
8. Schools will accommodate the religious, ethnic, and cultural diversity of the student body in meal planning and will provide clean, safe, and pleasant settings with adequate time for students to eat.
9. Schools will provide clean, safe, and pleasant cafeteria settings with adequate time for students to eat.
10. When possible, rewards given to students shall be other than food/beverages items. When food/beverage items are used as rewards, such items shall comply with nutritional guidelines set out in Kentucky Administrative Regulation. (Board Policy 07.111)
11. The Superintendent/designee will monitor compliance with this and related policies. At the school level, the Principal/designee will monitor compliance with those policies in his/her school and will report on the school's compliance as directed by the Superintendent/designee.

This school policy shall also be consistent with the applicable indicators from the Standards and Indicators for School Improvement.

Signature of SBDM Council Chairperson: \_\_\_\_\_